



VISAKHAPATNAM ATHLETICS ASSOCIATION

Regd : 320/2015

Affiliated to A.P. Athletics Association & The Olympic Association and District Sports Authority
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To
Vice-Chairman & Managing Director
Sports Authority of Andhra Pradesh (SAAP)
IGMC Stadium, Bandar Road
Vijayawada – 520 010, Andhra Pradesh
Email: sportsinap@gmail.com

Date:24-08-2025

Subject: Submission of Achievement Brief of Athlete Jyothi Yaraji (Olympian) for National Sports Day Celebrations – 2025

Respected Sir,

Namaskaram.

On the occasion of the upcoming **National Sports Day Celebrations – 2025**, it gives us immense pride to highlight the achievements of **Ms. Jyothi Yaraji**, a distinguished athlete from Visakhapatnam who has brought great glory to Andhra Pradesh and India.

Her inspiring journey and recent accomplishments include:

- **Olympics (Paris 2024):** First Indian woman to qualify and compete in the **100 m hurdles final**.
- **International Level:**
 - **Gold Medals at the Asian Athletics Championships (2023 & 2025)**
 - **Silver Medal at the Asian Games (Hangzhou 2022)**
 - **Gold Medal at the Asian Indoor Athletics Championships (Kazakhstan 2024)**
- **National Games:** Multiple **Gold Medals** in Gujarat (2022), Goa (2023), and Uttarakhand (2025) editions.
- **National Record Holder:** 100 m hurdles – **12.78 seconds**, a landmark performance in Indian athletics.
- **Domestic Level:** Consistent **National Champion** in 100 m hurdles and sprints.
- **Awards & Recognition:** Recipient of the **Arjuna Award (2025)**, supported under the **Target Olympic Podium Scheme (TOPS)**, and part of the **Reliance Foundation High Performance Program**.

We respectfully submit this brief for your kind consideration so that the **Hon'ble Chief Minister's Office** may use these details in the felicitation address during the **National Sports Day Celebrations**.

With respectful regards,


M. Narayana Rao

General Secretary
Visakhapatnam District Athletics Association

General Secretary
VISAKHAPATNAM ATHLETICS ASSOCIATION



Biography of Jyothi Yarraj

Full Name: Jyothi Yarraj

Date of Birth: 28 August 1999

Place of Birth: Visakhapatnam, Andhra Pradesh, India

Event: 100 Metres Hurdles, 100 Metres Sprint, 200 Metres Sprint

Coach: JAMES HILLER (Reliance Foundation High Performance Centre, Mumbai)

Early Life and Background

Jyothi Yarraj was born in **Visakhapatnam** to a middle-class family. Her father works as a security guard, and her mother is a private school worker. Despite financial hardships, Jyothi showed a keen interest in athletics from a young age. She trained in Visakhapatnam before joining the **Reliance Foundation High Performance Centre in Mumbai**, where her career took a decisive turn.

National & International Achievements

International Level

- **Paris Olympics 2024** – First Indian woman to reach the **100m hurdles final**, a historic achievement.
- **Asian Games, Hangzhou (2022)** – **Silver Medal** in 100m hurdles.
- **Asian Athletics Championships, Bangkok (2023)** – **Gold Medal** in 100m hurdles.
- **Asian Athletics Championships, Japan (2025)** – **Gold Medal** in 100m hurdles.
- **Asian Indoor Athletics Championships, Kazakhstan (2024)** – **Gold Medal** in 60m hurdles.
- **World Athletics Championships (2022, 2023)** – Represented India in 100m hurdles.
- **Commonwealth Games 2022, Birmingham** – Represented India in 100m hurdles.

National Games

- **Goa 2023** – **Gold Medal** in 100m hurdles.
- **Gujarat 2022** – **Double Gold** (100m hurdles & 100m sprint).
- **Uttarakhand 2025** – **Gold Medal** in 100m hurdles.

National & Domestic Championships

- Multiple-time **Gold Medalist** in:

- Federation Cup National Senior Athletics Championships.
- Inter-State Senior Athletics Championships.
- National Open Athletics Championships.
- Dominated the **100m hurdles** at the domestic level for several consecutive years.

Records

- **National Record Holder – 100m hurdles: 12.78 seconds (2023).**
- Broke the **National Record** multiple times between 2022–2023, becoming India's fastest-ever hurdler.

Awards & Recognition

- **Arjuna Award (2025)** – For excellence in athletics.
- **Target Olympic Podium Scheme (TOPS) Athlete** – Supported by the Government of India.
- **Reliance Foundation High Performance Centre Athlete** – Received world-class training, facilities, and international exposure.
- Felicitated by various state and national sports bodies for her consistent achievements.

Significance

Jyothi Yarraji is the **first Indian woman hurdler** to consistently dominate at the Asian level and break into the world stage. She has become a **role model for aspiring athletes** in Andhra Pradesh and India, especially young girls from humble backgrounds.